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2019

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Note

t's hard to believe that it's April already. The year seems to be flying by with no shortage of things to do on the Peninsula.

This month, Suttons Beach hosts the annual Redcliffe Festival of Sails on Good Friday, featuring everything from craft workshops and spectacular sand sculptures to a pop-up ice cream fair and live music.

As many of us polish off the last of our Easter eggs, Redcliffe will ready itself for a time of reflection.

Anzac Day services will be held across the peninsula, providing an opportunity for all of us to acknowledge and remember those who have or are currently serving our country.

At the Redcliffe Guide, we're lucky to have writers and community members who like to share stories about the things that are important to you - our readers.

We're always on the lookout for more local writers to join our team. If you're a writer with journalistic or editorial writing experience, we'd love to hear from you. Send us your details and a sample of a news-style article you have written to editor@ redcliffequide.com.au

Wishing you and your loved ones a happy Easter.

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Shannon's Record-Breaking Idea

Story **Rhonda Valentine Dixon** Photo **slapics**

hen a chance came up to subsidise the family income for Kippa-Ring stay-at-home mum Shannon Musson, she embraced it. Shannon said the opportunity came in the form of disused LPs that she didn't want to waste.

"When my uncle died, leaving a massive collection of old LPs, they were gifted to me. Many were so damaged they couldn't be played. My creative brain told me to mould them, so I began using heat to shape and repurpose the albums," Shannon said.

"I sold the resulting bowls, handbags and other treasures at markets."

Shannon said musicians, bands, TV shows, movies, sports, mandalas, clocks, cars, bikes and more could be featured on a record.

"The centre of the record can support a small clock mechanism. It turns a simple plaque into a striking timepiece. But if a plaque is all that's wanted, I'll try to find an album with a title, band name or song title that matches the subject in the design."

However, as an interior architect, Shannon wanted more of a challenge, so she tried cutting the records by hand.

"That was too labourious and time consuming so I searched for a machine that would cut them cleanly, effectively and safely. Laser machines weren't the answer. Another artist copied my idea using a laser machine, but the resulting PVC dust was toxic. Over time the dust emissions also damaged the machine," Shannon said.

Shannon sought out other light industries that were using cutting machines to see what was being used.

That's when she discovered the computer numerical control (CNC) Router. She programs a picture into her laptop, connects the computer to the CNC, places the router drill on the record and the image is created precisely. Shannon then files away any vinyl residue to complete the product.

Shannon said she can create sketches on request for an additional cost, as well as producing her designs on wood.

Shannon's work is unique and a brilliant gift for the person who has everything. Find out more at www.brokenrecord.com.au





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LET'S TALK ABOUT THE HEART-BREAKING TRUTH OF ACNE

Article by Anita East and published in The Cosmetic Surgery Magazine

If you have ever had acne, you know how debilitating it is for your self-esteem and confidence. If you are one of the lucky ones who has had clear skin all your life, you will know someone who has been hugely affected by this common skin condition.

FACTS ABOUT ACNE

- Inflammation of a hair follicle and oil gland
- Can cause long term raised and flat scarring
- Is classified as mild, moderate or severe depending on the presence of pustules, nodules and scarring

HOW TO TREAT ACNE

There are many theories about what methods work best to treat acne, but the current therapeutic guidelines are clear and consistent. This is the skincare system that I recommend to my patients who have acne and best of all, it doesn't cost the earth. Read more on my skin care regime at anitaeast.com.au/shop/skin-types

Don't let someone who isn't adequately trained in skin medicine, recommend skin products to you.



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FESTIVAL OF SAILS SAILAWAY!



Story Donna Roberts

ood Friday is fast approaching which can mean only one thing – it's time for the annual Redcliffe Festival of Sails! Suttons Beach will come alive on Friday, 19 April with an array of dazzling entertainment for the young and young at heart. This year's three separate event stages will be jampacked with live music, entertainment and acts all day.

Moreton Bay Region Industry and Tourism CEO, Shane Newcombe, said he was looking forward to the action on land, in the water and in the air.

"True to local tradition, the Easter Bunny will again wow crowds with an amazing skydive entrance straight onto the beach," Mr Newcombe said.

"Best of all, this event is timed to coincide with the Brisbane to Gladstone Yacht Race so there'll be as much action on the horizon as there is on the beach."



A kids zone will offer free craft workshops, an animal farm and a mini Channel 9 news desk for children to try their hand at reporting the big stories of the day.

Division 6 Councilor, Koliana Winchester, recommended getting down to the beach early.





Guests of all ages can enjoy the rides, beach games, sand sculpting workshops and an Easter egg hunt," Cr Winchester said.

"There'll be plenty of food vans to keep even the fussiest eaters happy, so don't worry if you forget to pack a picnic."

Those with a sweet tooth will be thrilled to know that the festival will again play host to the Popup Ice Cream Fair after its successful launch in 2018.

Love Handmade will also be hosting more than 150 market stalls along the waterfront, which will offer everything from handmade gifts to clothing, accessories, toys and treasures.

Free parking will be available at Redcliffe Showgrounds with a courtesy shuttle bus available and operating frequently between 8.30am and 5pm.

For those coming by train, a courtesy shuttle bus will coincide with hourly train arrivals at Kippa-Ring Station.

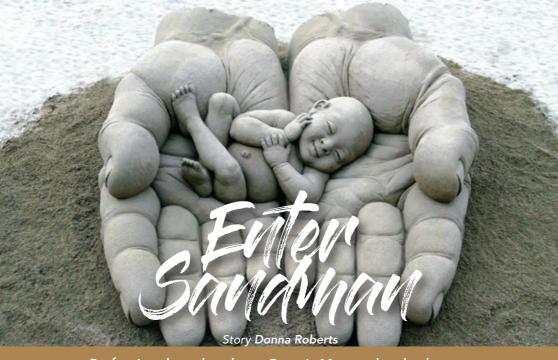
For more information on the event and the full program including times visit www.redcliffefestivalofsails.com.au

Redcliffe Festival of Sails Good Friday, 19 April, 9am-4pm Suttons Beach



Front Opening Bras





Professional sand sculptor, Dennis Massoud – also known as 'The Sandman' - has carved a unique career out of an interesting and sad series of life events.



Formerly, I was a professional photographer, I dedicated one day a week to spend with my son Luke when he was five [now 35]," Dennis said.

"It was [Luke's] wish to create sand sculptures at Tea Tree Bay in the Noosa National Park – people used to throw money in my water bucket."

Dennis was severely injured in a motor vehicle accident, and as he was recovering, he also needed to care for his elderly, wheelchair-bound mother. In order to keep her smiling, he would create dazzling sand sculptures for her on the heach

"I would take her to Noosa Main Beach and get her comfortable in a restaurant," Dennis said.



"Then I would create a sand sculpture in front of her, for her entertainment [but] mostly as a distraction for her chronic depression.

"It became quite lucrative as people were always throwing money in my bucket."

The Sandman's skills have led to some incredible opportunities, including taking him around the world an impressive nine times.

"I was commissioned to create sculptures in the Emirates Palace Hotel - the world's only eight star hotel and I was there for two weeks staying in absolute luxury," Dennis said.

"I have won world championships [and] created the whole inside of a plane for Qantas in front of Customs House at Circular Quay in Sydney.

"I've worked for Google and Microsoft and created the world's first sand hotel."

Dennis has been a fixture at the Redcliffe Festival of Sails for the past 10 years, and will again this year create his jaw-dropping sculptures on the waterfront.

"At [the] Redcliffe Festival of Sails we have been voted their most popular entertainment year after year." Dennis said.

Dennis will be based on the Suttons Beach foreshore from 9am to 4pm where he will design his own sand sculptures and run workshops so members of the public can hone their sand sculpting skills.

Dennis Massoud - The Sandman Redcliffe Festival of Sails Good Friday 19 April, 9am-4pm **Suttons Beach**





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REDCLIFFE FESTIVAL OF ___ SAILS PROGRAM







he main stage will be packed with live music and children's Easter-themed shows all day long. The northern and southern acoustic stages will also provide entertainment throughout the day.

MAIN STAGE

| JAM – Easter Show | 9:15am |
|------------------------------|-----------|
| Skydiving Easter Bunny | From 10am |
| Mason Watts | 10:30am |
| Ruby Gilbert | 11:30am |
| Workshop Wonders | |
| Easter Show | 12:15pm |
| Amy Kate | 1:00pm |
| Easter Pantomime presented | |
| by the Sharon Alback Dancers | 2:00pm |
| RED Music | 2:30pm |
| Ballantyne | 3:00pm |

NORTHERN ACOUSTIC STAGE

| Amy Kate | 9:15am |
|-----------------|---------|
| Nicole Canaway | 10:30am |
| Izack Hunt | 11:45am |
| Caillin Malley | 1:00pm |
| Nicole McKinney | 2:15pm |

SOUTHERN ACOUSTIC STAGE

| Sarah Hamze | 9:15am |
|--------------|---------|
| Jax Haze | 10:30am |
| Liam Johnson | 11:45am |
| Lucy Korts | 1:00pm |
| Graham Moes | 2:15pm |

^{*}Programs subject to change.

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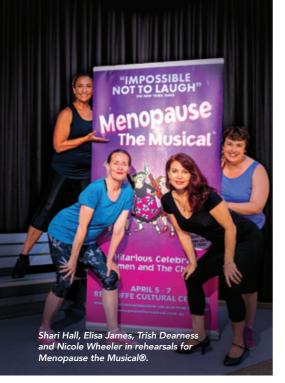
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LOCAL LAUNCH FOR MENOPAUSE THE MUSICAL!

Story Donna Roberts Photo slapics

nspired by a hot flush and a bottle of wine, Menopause the Musical® is a celebration for women who are on the brink of, in the middle of, or have survived 'the change'.

The Australian production launches at Redcliffe Entertainment Centre on Friday 5 April, before touring to over 38 venues across Australia. With a local producer, director and choreographer, and cast members, the production is sure to be a fun local affair!

Maureen Bowra, director and choreographer of Menopause the Musical® in Australia, is a local identity who participated in classes and performances at Redcliffe's Mousetrap Theatre as a child and who later taught there.

A very successful theatre career followed, with Maureen performing in and directing shows such as Grease and Hairspray with industry talents Marina Prior, Simon Gallagher and Julie Anthony, and many more.

Maureen said she was excited to launch the production in her hometown.

"It's extremely special for us to be launching this show in Redcliffe." Maureen said.

"I have been building the choreography in my lounge room in Scarborough and I wondered whether any of my neighbours were wondering why I have all of these songs blasting on repeat!



Every single person will be affected by menopause – we all have a mother, a sister, a friend, a loved one in our life who is or will be going through 'the change'."

Enhancing the local flavour of the production, Menopause the Musical® producer, Sam Klinger, graduated from Grace Lutheran College at Rothwell and has since presented shows in over 300 cities across the world.

Cast members, Nicole Wheeler (Gympie Housewife) and Trish Dearness (Earth Mother), also hail from the Peninsula, with Nicole attending Sharon Alback Dance Centre as a child.

Maureen encouraged Peninsula residents to come along for a great night.

"This show will have you smiling, laughing and maybe fostering a sense of sisterhood to know you're not alone in your menopause journey," Maureen said.

"The music is incredibly catchy and these four women are fantastic performers who will bring the house down with their amazing vocals and sharp choreography."

Friday 5 April - Sunday 7 April Redcliffe Entertainment Centre, Snook St. Redcliffe redcliffeentertainmentcentre.com.au

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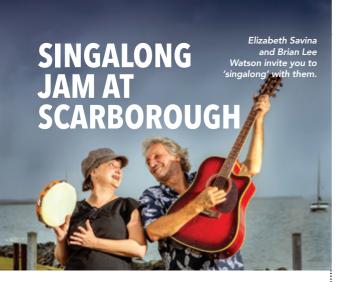
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Story Di Hill Photo slapics

o you enjoy singing, but don't want to attend regular choir practice? The Chunky Harmonies Choir might be for you. Each month there is a Singalong Jam at the Castaway Koala Café in Scarborough (formerly Alice Island Café), and it's open to everyone.

Organised by Elizabeth Savina, speech pathologist and choir leader, said the group was perfect for people who enjoy singing, but without the pressure.

"Singing with others is so much easier than doing it alone," Flizabeth said.

"Research has shown several physical and emotional health benefits are gained from group singing and music making."

Elizabeth started up the monthly Singalong Jam, with Brian Lee Watson and Stephen Connor, to provide an opportunity for people to sing the songs they love.

Songs from the 1960s are most popular with the range including rock, singer-songwriters and folk. If you play guitar, ukulele or woodwind instrument bring them along and join in.

This is a free event held monthly at the Castaway Koala Café. A gold coin donation is appreciated to go to a chosen charity. For more information go to www.chunkyharmonies.com

Singalong Jam Castaway Koala Café Next session on Sunday 28 April, 3pm-5pm 13 Thurect Parade, Scarborough

Peninsula Power Corporate **Golf Day**

Story Di Hill

Dust off your golf clubs and sign up to help raise funds for the Peninsula Power Football Club, at the Redcliffe Golf Course in April.

Sam Crewe, the Operations and Marketing Manager for Peninsula Power said the event was important for the local soccer club.

"For the last few years this fundraising event had been significant for the club. We are hoping this one will be too," Sam said.

The golf day fee is \$100 per player, or \$360 for a team of four. It includes green fees, golf carts, and a clubhouse burger and chips after the round. It will be followed by the presentation of prizes and raffle

Sam said the Club was also seeking sponsors for holes.

Chris Adnams, the head professional at the Redcliffe Golf Course, said the event was sure to provide a great day out.

"The course is in excellent condition." and positioned on the southern end of the Redcliffe Peninsula, you'll enjoy the breezes from the sea [and be supporting the Peninsula Power]," Chris said.

For more information about the event visit www.peninsulapower. com.au and sign on under Bushranger Golf Day.

Friday 5 April, from 11.30am Redcliffe Golf Club Handsworth St. Clontarf

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Champions On Our **Foreshore**

Story Wayne I Flack

thletes being pushed to their limits through an arduous course swimming, cycling and running. That's right, the annual Moreton Bay Triathlon will return to our shores this April.

Apart from staging the Queensland Nissan Club Championships, where athletes vie for a slice of the \$9000 prize pool, Triathlon Australia and The Event Crew have announced the inclusion of the Oceania Triathlon Union (OTU) Oceania championships. The Oceania Championships will carry individual points, as the athletes work towards qualifying for the 2020 Tokyo Olympics.

Brendon Downey, general manager at The Event Crew, said they were very excited to include this elite race in their schedule of events at Moreton Bay.

It's a fantastic opportunity for the local community to see some of the world's best athletes in action." Brendon said.

The triathlon is free for spectators and the easily accessible transition area, of Pelican Park and along Hornibrook Esplanade, should provide exceptional viewing. There will be a multi-lap course, with four laps on both the bike and run legs of the Olympic distance event.

The OTU Oceania championships race, a standard distance draft-legal race will get under way at 6.10am and the last race, Kool Kids will start at 9am. This should allow all spectators plenty of opportunities to gain a good vantage point to cheer on 1200 participating athletes.

Koliana Winchester, Division 6 Moreton Bay Regional councillor and council spokesperson



for sport, said the OTU Oceania championships rotated through venues across Australia, New Zealand and the Pacific region allowing Redcliffe spectators to view competition at the highest level.

"Combined with family members supporters, this represents a huge boost to our local economy and presents a great opportunity to showcase the Redcliffe peninsula as a tourism destination to cyclists and other athletes," Cr Winchester said.

Whether you're a triathlon fan or not, gather your family and friends and show how vocal and passionate supporters of sport Redcliffe locals are. Keep up with the latest on this event via www.moretonbaytri.com.au

MORETON BAY TRIATHLON

Sunday 14 April 5am -11am Hornibrook Esplanade Pelican Park, Clontarf



TOELIVERED

\$1 million in funding to install CCTV cameras along the 12.3 kilometre shared pathway from Kippa-Ring to Petrie.

Community safety and security is my priority!



LUKE HOWARTH MP LAP MART

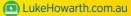


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A WORD FROM OUR REPRESENTATIVES

Koliana Winchester



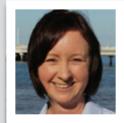
I am very proud to be part of a Council enabling access to higher education in the Moreton Bay region through the Moreton Bay Regional Council's Equity Scholarships.

Council has allocated \$750,000 for equity scholarships that will

help tear down the financial barriers holding back local kids from pursuing tertiary education. The Council scholarship will help students through the University of the Sunshine Coast (USC) Moreton Bay when it opens in early 2020. Council will provide cash bursaries worth \$8,000 each year and assist recipients through the entirety of their university life.

Only high school graduates who live in the Moreton Bay Region will be eligible to apply. Our region's higher education rate is approximately half the national average. Statistics show students residing in areas of high disadvantage are significantly less likely to engage in tertiary education and complete Year 12 studies. We need to change that story for the Moreton Bay Region by assisting in removing that obstacle and offering equity scholarships that support our outstanding young locals in financial hardship to achieve their academic and career goals. Officially launched on 7 March, applications will open in September 2019. USC will administer all aspects of the MBRC Scholarship.

Yvette D'Ath MP



For many families, April brings with it the chance to slow down for the first time in the year, take stock and enjoy time together over the holidays. With cooler weather and plenty of activities it is a great time to take

advantage of the natural beauty of Redcliffe and what we have to offer.

Families flock from Brisbane and the Moreton Bay Region to see our famous sky-diving Easter Bunny at Festival of Sails. The event runs from 9am-4pm on Friday, 19th April at Suttons Beach and features plenty of entertainment and activities.

The Queensland Government is also busy planning and preparing upgrades and modifications to intersections along Oxley Avenue at Redcliffe. This includes the installation of a signalised intersection at Irene Street, near the Redcliffe Library and a reconfigured intersection at Portwood Street. This is on top of work recently commenced at Hornibrook Esplanade to install a signalised pedestrian crossing. Road safety is a high priority for local residents and these projects work together to improve conditions overall.

Luke Howarth MP



Our local area is blessed with a population who have a rich community spirit. During World War I, many locals served with distinction, but unfortunately many

never made it home.

In February, I presented the Hon. Dr Brendan Nelson AO, The Director of the Australian War Memorial, with a book researched and produced by the Redcliffe & District Family History Group. "Remembering Redcliffe's First World War Veterans" pays tribute to soldiers from Redcliffe and the surrounds for their service in WWI.

Thousands gather each Anzac Day in unity to watch the sunrise over the Cenotaph. If you have never been to a dawn service, come and join me this Anzac Day in Redcliffe to pay respect to our fallen soldiers and those who have served or are currently serving.

Copies of "Remembering Redcliffe's First World War Veterans" have been published and are available to the public at the Redcliffe, North Lakes and Sandgate Libraries.

RASart Exhibition of Excellence 2019

EXHIBITION DATES

Saturday 6 April to Saturday 1 June 2019

OFFICIAL OPENING

Saturday 6 April 2.00pm for 2.30pm start

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Major Prize Sponsor: Bendigo Bank, Margate

Panel Discussion: Art Awards

Saturday 4 May – 10.30am to 11.30am morning tea provided

Demonstrations

10.30am to 11.30am

Heather Delaney – Watercolour, Tuesday 23 April Tricia Reust – Pastel with water, Thursday 9 May Robert Taberner – Acrylic, Thursday 23 May

Catalogue Covers:

Souvenir catalogues will be on sale at the Official Opening at \$5.00 each.

RAS members have donated the original artworks which are featured on the front page of the souvenir catalogues.



Raffle - Explosion Gorge by the late Sandra Hines

The RASart Exhibition of Excellence is the premier exhibition of the Redcliffe Art Society Inc and is open to all members of the Society. It is held annually at the Redcliffe Art Gallery.





Wednesday 3 April to Sunday 28 April 2019

Island Fringe - a Bribie Perspective

An exhibition by one of Bribie's liveliest and most experimental art groups – Contemporary Art Practices. The artworks reflect both where the artists live and how they view the world through painting, glassblowing, jewellery making, textiles art, wood carving, sculpture and pottery.

Join us for the official opening by Janice Charlish, 2pm Sunday 7 April

- Talk to the artists
- Free entry

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Redcliffe Art Society | Old Fire Station Gallery | 395 Oxley Avenue Redcliffe (07) 3284 0852 | ras395@redcliffeartsociety.com.au | www.redcliffeartsociety.com.au

ANZAC DAY 2019

Story John Sayles

nzac Day Services on the peninsula are seeing more and more people attending every year, and although all our original Anzacs are now gone, their legacy lives on.

Redcliffe will again play host to commemorative services on Thursday, 25 April to recognise those serving members, past and present and remember those who gave their lives serving our country.

Redcliffe RSL Vice President, Cheryl Barrett, said the theme for this year was "Afghanistan Victoria Cross recipients and those killed in action during Operation Slipper".

"I encourage [everyone] to attend the DAWN SER fall-in at 5am at Baker Street, stepping off at 5.15am. The Dawn Service commences at the Anzac Place Memorial at 5.30am." she said.

"There will be a Gun Fire breakfast at the completion of this service in the Redcliffe RSL. Local favourite, Rupert McCall will be reciting one of his poems at the Dawn Service."

THE MID-MORNING MARCH AND SERVICE will start with the annual Anzac Day parade, which will assemble at the corner of Anzac Avenue and Redcliffe Parade. The march starts around 9.40am with the service commencing at the Anzac Place Memorial at around 10.30am. Major Taylor Luxford-Sanderson will be the reviewing officer and guest speaker for this service.

Shuttle buses will run between Kippa-Ring train station and the showgrounds, with dropoffs in Sutton Street. The last shuttle leaves from Sutton Street at 1.30pm. Disability parking is available across the road from the Redcliffe Police Station, with entry via Klinger Road.

"Vintage Military Vehicles are available for ex-vets who can no longer walk the distance but would like to participate." To register your name phone 3897 6060.

Redcliffe RSL will be open after the services with Two-Up commencing at 1pm.

THE WOODY POINT SERVICE will be held from 8am 9am at the Woody Point Memorial Hall. Morning tea will be supplied by the ladies of the St Peter the Fisherman Guild.

There will also be a service at REDCLIFFE CEMETERY on Sunday 14 April from 10am - 11am (with limited seating available). Cadet of the Year for 2018 plagues will be presented at the completion of this service.









Story John Sayles Photo Courtesy Redcliffe RSL

nzac Day means a lot of things to a lot of people, but 25 April was an important date in the life of Private Joseph Payne.

Hailing from Dakabin in North Brisbane, 31 year old Joseph enlisted on 25 April 1917 at a Brisbane train station. It was the second anniversary of Gallipoli. It's likely he enlisted because he had heard that they needed reinforcements for the AIF in Europe – maybe even then the story of the ANZAC was a powerful motivator.

Joseph served with the 52nd Battalion as a cook. On 31 October 1917, he reluctantly said farewell to his wife, Ada, before embarking on board HMAT A14 Euripides, with his unit, and leaving Sydney.

He was called on to fight, for the first time, at the battle of Villers-Bretonneux. Charging from the trenches, he was shot and wounded. The continuing gunfire did not allow his fellow soldiers to reach him for some time and he died the next day on 25 April 1918, the third anniversary of Gallipoli and exactly one year after he enlisted.

Pte Joseph Payne is buried at Crouy British Cemetery (Plot I, Row C, Grave No. 25) Crouy-Sur-Somme, France. His story is just one of the many we remember this Anzac Day.





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HFAITH AND WELL-BEING THROUGH **DIAPHRAGMATIC BREATHING**

Story Nadia Chapman Photo Ben McShea

id you know that diaphragmatic breathing can help you achieve a better sense of health and well-being? This breathing technique is just one example of the help Redcliffe's allied health centre ,Young Minds Health and Development Network, can provide.



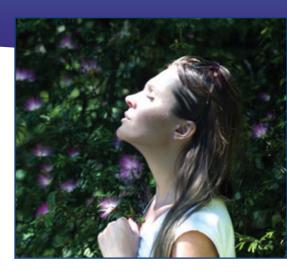
Dianne O'Malley

Redcliffe director $\circ f$ Young Minds Health and Development Network Minds4Health. and O'Malley Dianne passionate about helping people strive for a better sense of self and wellbeing through a range of treatments and support.

As a professional psychologist with over 25 years of experience, Dianne teaches her clients various techniques, such as diaphragmatic breathing, to help them overcome low mental health.

If you are unfamiliar with diaphragmatic breathing, it is a breathing technique that contracts the diaphragm and regulates vital bodily processes.

"In terms of what we know about our physiology and our thinking, it would be [beneficial] to learn to do good diaphragm breathing because it helps the stress," Dianne said.



"With diaphragm breathing, we change the chemicals in our brain that sends more endorphins down, which people learn by doing yoga — the most important tip is our thinking, if your thinking is negative then you need to question whether it's helpful or not."

Dianne said it was simple to learn from apps that you can use on your mobile phone, and in the comfort of your own home.

"People have learnt to do good diaphragm breathing with apps like Smiling Mind or Calm, which is great because it's a way of relaxing, it's healthy to have some 'me time' sort of thing," Dianne said.

Taking the time to find a balance in your life and to breathe when things get tough is one of the most important things you can do.

Young Minds Network encourages Redcliffe locals to seek help in times of need, without having to travel between practitioners who may be located across distances. The organisation has been on the peninsula for five years and continues to offer diverse and evidence-based treatment to its customers.

If you or anyone else you know needs help you can find out more or book an appointment at www.youngmindsnetwork.com.au

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Story Sharon France Photo slapics

he freshly minted Moreton Bay Film Creator's Network (MBFCN) is on the hunt for fresh, local talent, looking for an opportunity to strut their stuff and be supported in their budding creativity behind the 'camera'.

March saw the launch of the MBFCN's first filming project, Script Your Visual Talent, aimed specifically at emerging artists of all ages - professionals are asked not to apply. The competition closes 30 April, so there's still ample time to enter!

Carmel Joyce, an award-winning script writer and the group's founder is dead keen on flushing out the creativity she knows is here on the peninsula, "We need to get back to the real world of filming," she said. "By starting a notfor-profit group to help nurture our creatives, I know we will be surprised by the results.

"Will artists emerge from behind their mobile phones' lens or as a scripted actor in front of the camera, I'm not sure. But I am hoping entrants will attempt to grab our hearts at the right moment with a great story line."

already formed group has strong relationships with Brisbane and Peninsula camera clubs, and is chasing down other allies

including film groups on the Sunshine and Gold Coasts, plus sponsors. "With USC [University of Sunshine Coast] about to open a campus on our doorstep, I think there will be all sorts of exciting opportunities," Carmel said.

The rules of the competition are straightforward. Each entry must: not be publicly shown (including on YouTube) prior to 1 March 2019; use only a mobile phone to video; produce a video no more than two minutes in length; attach written permission of all on-screen participants (including minors' parent/guardian permission) plus contact details of all persons filmed.

Prizes include automatic membership to MBFCN, access to valuable skills through networking with club and supporting film industry contacts, and prize money of \$50 in two categories -ADULT or STUDENT.

For more information about MBFCN and the competition email moretonbayfilmcreatorsnetwork@gmail.com or find them on Facebook.

Script Your Visual Talent Film competition Unlimited entries - \$5 each Competition ends 30 April 2019



Corinne Mulholland & Labor will deliver a \$10 million upgrade to the Emergency Department at Redcliffe Hospital



From Swimming Star To Working Man – 'TURBO' **IN TRANSITION**

Story Sally Eberhardt Photo slapics

uperstar Newport swimmer, Ethan 'Turbo' Chan, will retire on a high after recently competing in his third Special Olympics. After a long and illustrious swimming career, 24-year-old Ethan is hanging up his goggles and looking forward to working full-time.

A champion free-styler, Ethan started swimming at age four and has competed successfully since he was 10 years old, winning numerous medals at national and international swimming events.

Ethan, who is classed as an S14 swimmer, a class given to all intellectually impaired athletes, said he would miss the swimming community but not the twice-daily training - "I'm not going to miss the early morning starts," Ethan said with a cheeky grin.

The strong work ethic and discipline that Ethan displayed in the pool is now standing him in good stead at his job as a dish washer at Moreton Bay Boat Club.

"The chefs are surprised that I am so happy to do the dishes. I really like helping them out."

It doesn't matter what job you are in as long as you do your best. You have to do what you say you will," Ethan said.

Ethan said his support service, Holistic Horizons, had been very helpful in assisting his transition to employment and teaching him life skills such as driving and budgeting.



"A new record for me now is to drive a manual car without stalling it."

There is no doubt that Ethan will be missed by the swimming community, though if working life permits, he will do some volunteer coaching.

Ethan's mother, Marie Chan, said Ethan was an inspiration to all around him.

"I didn't think he could compete at all, at first, because his body wasn't strong, but he persisted. He is an inspiration to all the parents who think their kids can't do it," Marie said.

Both Ethan and Marie wish to thank the swimming community including all sponsors, coaches, clubs, swimmers and other supporters.

"At every Swimming Club there has been a guardian angel," Ethan said.

The future looks bright for this young man whose positive and cheerful attitude is a great example to all.



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Redeliffe Jetty **Markets Punch Above Their Weight**

Story Kylie Fennell

edcliffe Jetty Markets are punching above their weight when compared to bigger markets, according to Councillor for Division 5, James Houghton.

Cr Houghton said the markets are a key contributor to tourism, community vibrancy and business growth.

"The Redcliffe Jetty Markets have enjoyed a boom in popularity in recent years, rivalling other big-name markets across South East Queensland," Cr Houghton said.

"City slickers are trekking out of Brisbane for a sea breeze and some sunshine - we're even giving the old Eumundi Markets a run for their money."

Cr Houghton said the markets also provided flow-on benefits to other businesses.

"Market patrons are doing more than picking up fresh fruit and veggies for the week at the Redcliffe Jetty Markets, they're also grabbing a coffee at the local café and sitting down for a meal.

"Local spending is the bread and butter of this economy and we look forward to watching these markets go from strength to strength."

Moreton Bay Regional Council recently opened a tender for the management of the markets, as part of its regular review process. The current operator, Markets and Event Management Australia (MEMA), was granted the contract in 2013, with a three-year extension granted in 2016.

Council to "Look at What More We Can Do"

Story Kylie Fennell

Moreton Bay Regional Council's organisational review will "look at what we have done and what more we can do", according to Mayor Allan Sutherland.

Council recently announced was appointing specialist local government firm, Grassroots Connections, to head the review.

"Council and I have chosen a firm with extensive experience in local government management at senior executive levels," Cr Sutherland said.

"Grassroots Connections specialises in local government consulting and the team assigned to this task includes two former Council CEOs as well as planning experts."

Cr Sutherland said the timing for the review was appropriate, given it has been eleven years since council amalgamations.

"Every responsible organisation periodically undertakes strategic assessments, as part of normal business to encourage innovation and improvement...to stand still is to fall behind and, as a council, we aren't resting on our laurels."

The review will begin with a scoping exercise to identify what matters to focus on in a comprehensive review, and to inform the terms of reference.

This process will involve interviewing councillors, employees and external stakeholders. There will also be a survey of all staff, to evaluate the culture and leadership strategies within council. The review is expected to take up to six months.



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Peninsula Private Hospital on George Street in Kippa-Ring provides quality private healthcare to the Moreton Bay region and beyond.

A 70 bed hospital with services including surgical, medical and rehabilitation, Peninsula covers specialties such as orthopaedics, urology, ophthalmology and gastroenterology to name a few.

Having recently undergone refurbishments to improve patient comfort during a stay, loved ones can also enjoy free car parking - a feature not always offered at other hospitals.

To learn more about our services, head to: www.peninsulaprivate.com.au

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SHAZAM



We all have a superhero inside us, it just takes a bit of magic to bring it out. In Billy Batson's

(Angel) case, by shouting out one word—SHAZAM! this streetwise 14-year-old foster kid can turn into the adult Super Hero Shazam.

Release Date: 4 April

Genre: Action, Fantasy, Science Fiction

Director: David F. Sandberg

Main Cast: Zachary Levi, Jack Dylan Grazer, Asher Angel, Grace Fulton, Cooper Andrews, Ian Chen.



WONDER PARK

June, an optimistic, imaginative girl, discovers an incredible amusement park called Wonderland hidden

in the woods. The park is full of fantastical rides and talking, funny animals - only the park is in disarray. June soon discovers the park came from her imagination and she's the only one who can fix it, so she bands together with the animals to save this magical place and bring back the wonder in Wonderland.

Release Date: 4 April

Genre: Adventure, Animation, Comedy

Director: Dylan Brown

Main Cast: Ken Jeong, Jeffrey Tambor, Jennifer Garner, Matthew Broderick, Mila Kunis, John Oliver, Kenan Thompson



THE CURSE OF THE WEEPING WOMAN

The Weeping Woman is an apparition, caught between heaven and hell. She drowned her children in a jealous rage, throwing herself in the

river after them. And now she creeps in the shadows and preys on the children, desperate to replace her own.

Release Date: 18 April

Director: Michael Chaves

Genre: Horror

Main Cast: Linda Cardellini, Sean Patrick Thomas,

Patricia Velasquez, John Marshall Jones

Coming in April

| Shazam | • |
|--------------------|-----------------------------------|
| Pet Sematary | |
| Wonder Park | |
| Hellboy | 4 th |
| Little | |
| | |
| The Curse Of The | Weeping Woman18 th |
| Breaking Habits | 18 th |
| Breakthrough | 18 th |
| The Aftermath | 18 th |
| Avengers: End Game | |
| 1985 | 25 th |
| The Chaperone | 25 th |
| Gloria Bell | 25 th 25 th |
| | 25 th |

Subject to change, check website for more details.







Healing with Humour

id you know that using humour has become a big part of helping people bring positive change into their lives?

This is exactly what comedians Fiona McGary and Mark McConville have practiced for more than 30-years combined — and they're bringing their unique comedic style to Redcliffe, performing at Mon Komo Hotel.

Both comedians have experienced personal challenges that made them realise how powerful humour was in determining happiness. Fiona has used her 18-years of professional experience as a stand-up comedian to shift her career towards the mental health field. This led her to develop her Change with Humour course.

The main aim of the course is to get people to entertain the idea that they can still build more resilience in their own life by utilising their own sense of humour," Fiona said.

"I think our sense of humour is kind of an intrinsic value that we have, and we need to be able to build that within ourselves."

After dealing with some of life's greatest stresses, Fiona is adamant about bringing positive change into people's lives, with the use and understanding of humour.

"When certain circumstances were very difficult for me, I was so happy that I had my own sense of humour to fall back on to give me relief from the stressful times. I put together the workshop to try and teach people to make sure their own sense of humour was very robust to deal with stressful times." Fiona said.

Mark also has a connection to the mental health field with a masters degree in Suicidology.

He has a genuine interest in helping build and unite the comedy industry in the pursuit of helping to reduce societal stress, depression and suicides.

"Performing is what I do. I've always done it, and I'll continue to do it. Making people laugh is the best job in the world, I absolutely love it," Mark said.

For a night of fun and laughter, purchase your tickets for The Sit Down Comedy Club at www.stickytickets.com.au

The Sit Down Comedy Club Friday 5 April, 7-11pm Mon Komo Hotel 99 Marine Parade, Redcliffe









Story John Sayles

homas Armstrong-Robley returns home to perform at The Redcliffe Entertainment Centre in 'Bublé, Broadway & Beyond' this month. It's been an unexpected journey for this man who arrived on the Peninsula as an eight-year-old from the UK.

He attended local schools and although his father Dave was a touring drummer in bands throughout Europe in the '60's, Thomas never considered the entertainment industry as a career option.

That all changed after he supported some friends at a high school musical audition, where he was coaxed to sing 'Advance Australia Fair' and scored a lead role. He later performed at The Mousetrap Theatre and Redcliffe Musical Theatre. One of his proudest memories is playing the Phantom of the Opera at 19 years of age.

After studying film and TV music for a year at the Queensland University of Technology, Thomas transferred to a Bachelor of Arts in Musical Theatre at the Queensland Conservatorium of Music (Griffith).

Thomas said he formulated a plan to further his performance career.

"It was New Years Eve 2016, after a gig in Mackay, alone in my hotel room I decided to write a list of goals," Thomas said.

"I wanted to work overseas, to get out of my comfort zone and really test myself as a person

and a performer. I've always believed in the road warrior attitude. If I wanted to improve, I needed to tour."

Thomas was offered a move to Europe to tour as the lead singer for a Frankie Valli & the Four Seasons Show. Suitcase packed, he left Australia on a one-way ticket and for the next seven months performed for audiences all over the world.

"I learnt more in those 200 shows than ever before. It was an education in how to control an audience. Not everyone spoke English, so you had to adapt or you perished."

Thomas has recently been working on cruise ships as a production manager and principal vocalist in numerous cabaret shows.

'Bublé, Broadway and Beyond' is a brand-new cabaret show that Thomas created especially for his hometown crowd.

"(I wanted) to thank the patrons and the people who supported me in those early years, which I used as fuel to push me. I'm a product of my upbringing and the environment/community I grew up in."

'Bublé, Broadway and Beyond' (Homecoming Concert)

Tuesday 16 April, 11am
Redcliffe Entertainment Centre
Downs St, Redcliffe
Tickets \$18
www.redcliffeentertainmentcentre.com.au



The **Osteria** was born from the start of the 1400 and it use to be a place where people could have a wine and a meal.

A place where, if you were travelling, you could find some substance to continue the journey and sometimes have a sleep.

Local food, pasta dishes or game meats where served accompanied by wine.

Nowadays it has evolved still maintaining the original concept.

And our Wine and Tapas Bar is just that.....the evolution of our Osteria.

We have just celebrated our 6 th anniversary and the love and support we receive from our customers is wonderful.

One of our dear customers wrote in a review back in 2014:

"Carla cooks like an Italian should, her dishes are robust, rustic, unctuous and full of the great flavours of her Tuscan homeland. The kind of food that your Nona would make, if you had one and you were Italian!! The kind of food that goes hand in hand with a large glass of full bodied red wine. The kind of food that makes you feel good! The portion sizes are huge, no cordon bleu here! The prices are extremely reasonable too. Flori weaves his way around the dining area with the air of confidence that comes with success. And that is what this wonderful osteria is A huge success!"

We are very proud of our **Osteria**...simple, genuine, rustic and honest food that is what you will have in our Little Corner of Tuscany.

Come and be transported back when it was all about the food and the taste.

Where to find us...

Cominos Arcade in Redcliffe at 133/137 Redcliffe Parade in Redcliffe.



Story Kylie Fennell

ucky Lips may have been a song made famous by Cliff Richard but it's also the name of one of the hottest blues and RnB acts to hit the peninsula.

The Lucky Lips Band is back at the Bramble Bay Bowls Club on Friday 5 April promising a night of high energy entertainment.

Lead singer, Donna Hourigan, who has a powerful, three-octave vocal range, said it would be the band's third appearance at the club.

"We're performing a range of Blues & RnB music - you can twist, jive, or dance cheek to cheek. Think RnB like the Blues Bros, Aretha or The Commitments... and Blues from greats such as Rufus Thomas, Susan Tedeschi or Big Mamma Thornton," Donna said.

The Lucky Lips Band has had a huge 12 months appearing at The Blues on Broadbeach Festival last year and releasing their much-anticipated debut EP. Talk the Talk, this month.

Donna is joined by guitarist John Lawson and Rob Gow on sax - keep an ear and eye out for their dueling solos - as well as Dr G on bass and Chris Chirnside on drums.

If classic rock and roll is more your scene then put on your dancing shoes and head to The Wanderers Band Dinner Dance at Joe's Underground, Redcliffe Paceway, on Saturday 6 April.

Glen Farrugia, from the band, said they had worked really hard to perfect the right blend of all the most loved 50s and 60s Rock'n'Roll music.

"The Wanderers Band pay tribute to the two decades where Rock'n'Roll began and the legends who made it all happen," Glen said. Secure a ticket by contacting Joe's Underground.

For a complete change of pace, country music fans will not want to miss Hannah Marie at Beardy's Bar & Kitchen on Sunday 14 April.

Hannah is a singer-songwriter who at 18-yearsold has already performed at the Gympie Muster and Tamworth Country Music Festival. She has shared the stage with the likes of Troy Cassar-Daley, Adam Brand and Ian Moss.

Co-owner of Beardy's, Ross Willson, said Hannah was a popular performer at their Sunday sessions.

"She has a great country sound and can cover the classics extremely well," Ross said.







APRIL 19

SCARBOROUGH ORIGINALS

First Saturday of every month. Four original bands, emerging, touring, established acts with original content. Performing on a grass roots stage to a park full of music lovers of all ages. This month will feature The Lighthearts, The Natural Culture, Erin May Band, and Simon Wright. FREE event.

When: Saturday 6 April, 1–5pm **Where:** Scarborough Beach Park

PICNIC HILL

The Picnic Hill Food Trucks are on the 2nd Friday of the month! Plus, live music, entertainment for all ages, craft beer and cider. Gold coin donation at the gate. Hosted by the Redcliffe Area Youth Space with proceeds going to supporting the young people of the Moreton Bay Region.

When: Friday 12 April, 4pm–10pm Where: Corner Oxley & Anzac Avenues,

Redcliffe

EASTER WEEKEND AT THE BELVEDERE

Get the kids together and meet the Easter Bunny in the kids playground from 11am on Saturday for The Belvedere's Big Easter Egg Hunt. The Easter Bunny will also visit at 6pm on Saturday and Sunday at 1pm. More information on the Belvedere Facebook page.

When: Saturday 20 April and Sunday 21 April **Where:** The Belvedere Hotel, Woody Point.

FREE LEGO FUN

Kippa-Ring Shopping Centre is hosting LEGO building challenges, team builds and free play tables. Immerse yourself in the world of LEGO with this free holiday activity for kids aged 5-12 years.

When: Monday 8 - Saturday 13 April,

10am-2pm

Where: Outside Woolworths, Kippa-Ring Shopping Centre, Anzac Avenue

KIDS YOGA & BLISS BALLS WORKSHOP
This workshop for kids aged 5-12 years

This workshop for kids aged 5-12 years combines kids yoga with making delicious raw treats and bliss balls. Bookings are essential. Tickets and more information are available via www.eventbrite.com.au

When: Thursday 18 April, 9am–12pm **Where:** Soul Prana Yoga & Wellness Studio, Wighton St, Margate

CELEBRATE HEADSPACE REDCLIFFE'S 5TH BIRTHDAY

Come along for a free sausage sizzle, community stalls, giant size board games, and a range of fun activities, plus birthday cake. You can also find out more about the services headspace offers. Call 3897 1897 or email headspace.redcliffe@openminds.org.au

When: Tuesday 16 April, 3–5pm

Where: Youth Park, Marine Parade, Redcliffe

EASTER BAKING WORKSHOP

Let your creativity run wild in the kitchen! Learn to decorate an array of Easter baked goods, including cupcakes and cookies. Tickets available via www.eventbrite.com.au

When: Sunday 7 April, 12–3pm

Where: Salt Shop, Sutton Street, Redcliffe

CLIFF TO CLUB SWIM

Join the inaugural Cliff to Club Ocean Swim in April. The Cliff to Club Ocean Swim consists of three events: 500m, 1km and 2.5km Ocean Swims. The 2.5km Cliff to Club Ocean Swim will be the iconic feature event. More information: www.grimseysadultswimfit.com/cliff-to-club/

When: Saturday 6 April, 6am–11am Where: Starts at Scott's Point and heads north along the Woody Point, Margate and Suttons Beach foreshore







BROADCASTING TO THE GREATER BRISBANE NORTH AND MORETON BAY REGIONS

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Apr. GIGGUIDE

04 THURSDAY

Dave Clayton Redcliffe RSL 11am

Dave Gray Redcliffe RSL 6pm

Trivia Night
Suttons Beach Pavilion 7pm

05 FRIDAY

Lynelle Leighton Ambassador Redcliffe 6:30pm

Music Bingo Suttons Beach Pavilion 6:30pm

Crossover Redcliffe RSL 7:30pm

Struggeltown & Stay Frosty Joe's Underground 8pm

06 SATURDAY

Redcliffe RSL 12pm

Steve Sparrow Ambassador Redcliffe 6:30pm

Poco Loco Redcliffe RSL 7:30pm

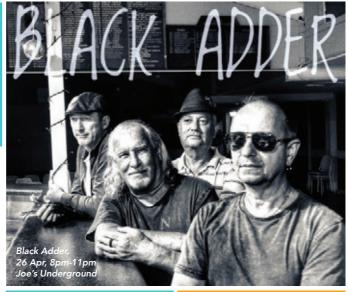
The Wanderers Band Joe's Underground 8pm

07 SUNDAY

Danny Shamess Redcliffe RSL 12pm

Oh Well Ok The Sebel Margate 2pm

Lance Galloway Suttons Beach Pavilion 3pm



11 THURSDAY

Dave Clayton Redcliffe RSL 11am

Jeff Camilleri Redcliffe RSL 6pm

Trivia Night
Suttons Beach Pavilion 7pm

12 FRIDAY

Cohen Anderson Suttons Beach Pavilion 6pm

Mr Baritone Ambassador Redcliffe 6:30pm

Tickle The Riff Redcliffe RSL 7:30pm

Coffee @ Midnight & The Stile Joe's Underground 8pm

13 SATURDAY

Warren Thomas Redcliffe RSL 12pm

Casey Fogg
Ambassador Redcliffe 6:30pm

The Dynamics
Redcliffe RSL 7:30pm

A Night of Northern Soul Suttons Beach Pavilion 7:30pm

The 8 Tracks
Joe's Underground 8pm

14 SUNDAY

Mr John Redcliffe RSL 12pm

Heidi & Scott The Sebel Margate 2pm

Cheyne Starkie Suttons Beach Pavilion 3pm





g4guitarmethod.com

18 THURSDAY

Dave Clayton Redcliffe RSL 11am

David Lee Redcliffe RSL 6pm

Trivia Night Suttons Beach Pavilion 7pm

19 FRIDAY

Lachy Pascoe Suttons Beach Pavilion 6pm

20 SATURDAY

David J Redcliffe RSL 12pm

Paul Kerin Ambassador Redcliffe 6:30pm

Tommy Memphis Redcliffe RSL 7:30pn

The Dukes - LGBTQI Night Joe's Underground 8pm

21 SUNDAY

Mike Winkworth Redcliffe RSL 12pm

Little Kitch The Sebel Margate 2pm

Luke Goodwin Suttons Beach Pavilion 3pm

25 THURSDAY

Craig Shaw Redcliffe RSL 6pm

Trivia Night Suttons Beach Pavilion 7pm

26 FRIDAY

Lance Galloway Suttons Beach Pavilion 6pm

Angie Whiteley Ambassador Redcliffe 6:30pm Talk of the Town ft Laura Doolan Redcliffe RSL 7:30pm

Black Adder Joe's Underground 8pm

27 SATURDAY

Woody Dean Redcliffe RSL 12pm

Dave French
Ambassador Redcliffe 6:30pm

Smooth & Groove Redcliffe RSL 7:30pm

28 SUNDAY

Roger Lewis Redcliffe RSL 12pm

Tim Lollback - Acoustic Covers Suttons Beach Pavilion 3pm



CHANGE IS ON THE MENU AT ___ **MON KOMO**



Story Emma Harley

edcliffe's popular Mon Komo Hotel is feeling as fresh as a Peninsula sea breeze thanks to a new menu and a revamped cabana, bar, kitchen and garden space.

Contemporary and fresh, the new menu aims to put local produce front and centre, offering a range of exciting new items while continuing to offer regular favourites with a twist.

Marketing Manager, Ashleigh Kindred, said the desire to offer fresh, seasonal produce was the driving force behind the menu change.

"Like most venues we change our menu seasonally, as this determines what great produce we have readily available," she said.

"Our head chef, Tim Stanton, prides himself on using local produce, sourcing as much as he can from Queensland suppliers.

"We love to 'keep it fresh' for our customers."

Ashleigh said there were many standouts on the new menu, but the addition of a contemporary vegan dish was a real feature item, designed to appeal to even the most carnivorous consumer.

"It champions chargrilled eggplant with Israeli couscous, chilli jam, cucumber, coriander and pomegranate," she said.

"But for those that love an amazing steak, our updated eye fillet dish is fantastic, served with house-made buttery potato mash, braised lentils, Dutch carrots and red wine jus - it is a winning dish and melts in your mouth.

CHEFTIM TRULY DOES KNOW HOW TO COOK A STEAK TO PERFECTION AND MAKES THE BEST MASHED POTATO LITHINK LHAVE EVER EATEN IN MY WHOLE LIFE, HANDS DOWN."

Ashleigh said the feedback for the new menu had been extremely positive from patrons.

"The new items and small changes to menu favourites have been a real hit with regulars," she said. "We are very passionate about the local area and always listen to the community and our patrons.

"Mon Komo Hotel has been on the Peninsula now for almost eight years, it's a venue that every local is familiar with and we have been making some changes to make sure we are trusted in the community

"We have been working really hard to offer the best experience for each of our patrons, inviting past patrons to come in again and enjoy all the fantastic features we have to offer the local community."

To sample the new menu or check out the new Cabana + Bar + Kitchen + Garden space, visit Mon Komo at 99 Marine Parade, Redcliffe

MON KOMO HOTEL

P 07 3284 6520 MONKOMOHOTEL.COM.AU



Local bands, food & drinks! Trinity, Magpie Season, Sons Of Earl, The Jetty Street Band, Arced Up.

Help the club to engage with community and to raise funds to support its athletes!

Location:

Sandbag Community Centre Sandgate. More details & tickets:

visit Facebook @specialolympicsmoretonnorth Tickets:

Search online at Eventbrite.



- Free hourly door prizes
- Kids mine & activities
- A variety of food & drinks for sale
- ATM available

VISIT: www.redcliffegemclub.org.au

local Dining Guide









161 Redcliffe Parade, Redcliffe

Bakery Cafe

Ph 3284 0166

BANJO'S BAKERY CAFÉ

Feature: Banjo's Redcliffe bake fresh on-site every day! Fresh breads, pies, pastries, sweets and salad products with delicious full-bodied coffee... Banjo's is the perfect place for breakfast, lunch or a treat anytime. Dine in or take away.



405 Elizabeth Ave, Kippa-Ring

Bar & Kitchen

Ph 0477 635 013

BEARDY'S BAR AND KITCHEN

Feature: Beardy's Bar & Kitchen is a one-stop shop for your culinary needs, caffeine fix and a place to guench your thirst. The bearded brothers prepare their food, fresh on site. A relaxed venue with, arguably the best burgers on the peninsula, fantastic coffee, drive through, live bands and a fully licensed bar.



Shop 2 / 77 Redcliffe Pde, Redcliffe Homestyle, Modern Australian

Ph 3883 1515

BIKINI BEACH CAFÉ

Feature: We offer a variety of freshly prepared dishes for both breakfast & lunch in a warm, friendly, relaxed atmosphere.

All with breathtaking views across Moreton Bay.

REDCLIFFE | CLONTARF | KIPPA-RING MARGATE | SCARBOROUGH











97 Landsborough Ave Scarborough

Burger Bar

Ph 0403 454 451

BRAD'S BURGER BAR

Feature: Serving delicious breakfasts, coffees, burgers, toasties, salads and smoothies with vegetarian and gluten free options available.

We are open for breakfast and lunch 7 days a week for dine in and take away. Located on the Scarborough water front offering glorious views of Moreton Bay.



165 Redcliffe Pde. Redcliffe

Tex Mex

Ph 3284 7990

CACTUS JACK'S

Feature: Great Steaks, Sizzling Fajitas and authentic Mexican served with a full cocktail list and up to 16 Beers on tap.

Open 11.30am till late from Monday to Saturday and open for Breakfast on Sunday from 8.30am.

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FROM \$80+GST PHONE: 07 3338 5091

local Dining Guide









31 Redcliffe Pde, Redcliffe

Traditional Italian Restaurant

Ph 3142 3150

LA LANTERNA

Feature: At La Lanterna Restaurant we're the pasta and focaccia specialist.

Every dish is made from scratch with simple and fresh ingredients, so customers can have a genuine italian experience in a welcoming atmosphere.



1 McCulloch Ave, Margate **Relaxed Waterfront Dining**

Ph 3448 3400

MARGATE BEACH HOUSE

Feature: Open seven days for breakfast, lunch and dinner, enjoy our innovative menu showcasing the best local and seasonal produce. Try our tempting share plates, mouthwatering local seafood or a delicious Wagyu Burger on our alfresco deck overlooking the calm waters of Moreton Bay and choose from a selection of our specialty cocktails or craft beers.



99 Marine Parade, Redcliffe

Steak & Seafood

Ph 3284 6520

MON KOMO HOTEL

Feature: With world class bars and dining, state-of-the-art function rooms and exciting gaming machines, Mon Komo Hotel at Redcliffe is one of Queensland's iconic destinations. Immaculately designed, taking inspiration from Caribbean resorts, come and experience the luxurious, relaxed, fun, seaside atmosphere at Mon Komo Hotel.

REDCLIFFE | CLONTARF | KIPPA-RING MARGATE | SCARBOROUGH











Bird O'Passage Pde, Scarborough

Steak and Seafood

Ph 3203 5188

MORETON BAY BOAT CLUB

Feature: Dine overlooking 118 berth Marina and the Glass House Mountains. MBBC is a fully licensed Restaurant offering lunch and dinner 7 days a week. Café open Tuesday - Sunday from 8.30am (Sunday breakfast from 7:30am).



Shop 7 Dolphins Central, Ashmole Rd, Kippa Ring

Cafe

Ph 3203 6510

OVER THERE CAFÉ

Feature: Offering breakfast and lunch 7 days a week. Relaxed atmosphere to enjoy great coffee, with a fantastic range of gourmet meals including our 'Half Price Pancakes' every Tuesday.



155 Redcliffe Pde, Redcliffe

Modern Australian & Mediterranean

Ph 3284 2986

PREECE'S AT THE JETTY

Feature: We have the BEST Vanilla Slice in Redcliffe. All cakes, biscuits, slices & ice cream are homemade. Fabulous seaside location.

SPECIAL 3 course dinner deal Thur, Fri, and Sat nights for \$30, entree, main, and dessert.

Sunday-Wednesday: 5:30am - 4pm

Thursday-Saturday: 5:30am - 9pm

Jocal Dining Guide









89 Landsborough Avenue, Scarborough

Eclectic Modern Cafe

Ph 3880 4770

SCARBOROUGH'S 3EIGHTNINE

Feature: Famous for our range of breakfasts & lunches, providing fresh seasonal dishes, dine while overlooking the beautiful Moreton Bay. We provide options for vegetarians & the gluten intolerant & do great functions!



Reef Point Esp, Scarborough (situated behind caravan park)

Modern Australian

Ph 3880 4456

SEA SALT AND VINE CAFÉ

Feature: Looking for a tranquil place to enjoy a quality breakfast, lunch or relaxing coffee – overlooking the water with Glass House Mountains views we are open 7am 'til 4pm every day.



141 Sutton Street, Redcliffe

Japanese, Sushi

Ph 3283 8188

SUSHI CENTRAL

Feature: Want to experience an amazing time with astonishing flavours? Come to Sushi Central at 141 Suttons street Redcliffe and purchase a variety of products that cater to all your eating desires. Join us on Monday night and Tuesday for our \$3.00 specials.

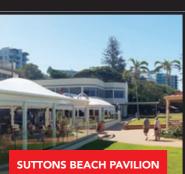
Open 7 days for lunch and dinner.

REDCLIFFE | CLONTARF | KIPPA-RING MARGATE | SCARBOROUGH















Suttons Beach Parkland Marine Pde, Redcliffe

Casual Beach Side Dining

Ph 3284 3320

SUTTONS BEACH PAVILION

Feature: A beautiful art deco building situated right on Suttons beach, open from 7am every day. A fully licenced venue with a Cafe and Fish & Chippery. The Restaurant offers home style modern Australian food and the terrace bar serves up Tapas and stunning views across Moreton Bay.



Bird O' Passage Parade, Scarborough **Seafood Restaurant**

Ph 3203 5744

TEMPEST SEAFOOD RESTAURANT

Feature: A true trawler-to-plate experience. Seafood platters a specialty. Absolute waterfront location. All you can eat seafood buffet held on the last Thurs of each month. Seafood restaurant open 7 days lunch and dinner.

7empest

Bird O' Passage Parade, Scarborough Teppanyaki Grill

Ph 3203 5744

TEMPEST TEPPANYAKI

Feature: It's a sizzling good time! Using the best local produce the chefs will transform the grill into a stage when performing a dining feast of entertainment.

Menu choices include multi-course banquets, create your own selection, and a lunch time bento box style.

Lunch: Wed-Sun, Dinner: 7 nights

Jocal Dining Guide









Shop 3/265 Oxley Avenue, Margate Thai Restaurant

Ph 3284 5962

THAI HUT

Feature: Thai Hut has been on the Redcliffe Peninsula, for over Sixteen years. We reopened in August 2017 back to where we First started in 2000.

We have been so very happy to see friends come back, and say we are so glad that you are back. Thai Hut cooks Authentic Thai Food. We do Take Away, Home Deliveries and Dine in.



23 Redcliffe Pde, Redcliffe (Opposite Lagoon)

Ice-Creamery Ph 3284 5859

THE BIG KID ICE-CREAMERY

Feature: Ice Cream Flavours for Everyone!!! Over 30 delicious flavours to choose from.

Come on in and personalise your own milkshake... How about... White Chocolate & Tiramisu? YUM!!! Don't forget breakfast. Try our mouth watering waffles and fruit smoothies. Open 7 days a week. For "The Big Kid" in everyone!!



11 Bird O Passage Pde Scarborough

Private Events Centre

1800 727 104

WATERS EDGE SCARBOROUGH

Feature: The Peninsula's much loved waterfront venue has had a makeover! Still boasting stunning views over the Scarborough marina and the Glass House Mountains beyond. We are open & ready to celebrate your event in style.

Showcasing the venue every 2nd & 4th Sunday with food, beverage & relaxed live entertainment.





TUESDAV **SCHNITZELS**

300gm Chicken Schnitzel with chips & salad.

Parmu

Double smoked ham omato & basil sauce

Add

Cancun

Tomato relish, pineapple, jalapenos & grilled cheese.

Add

Godfather

Onion jam, salami, roasted peppers, olives & mozzarella.

> Add \$4

Marinara

Smoked salmon, sauteed prawns, spanish onion & camembert cheese.

> Add \$6



TEAK DA

300gm Pump

served with chips & salad.

41 Redcliffe Parade, Redcliffe ph 3284 6427 | www.ambasshotel.com.au

Add a topper for

choice of sauce.





Story Mark Philpott Photo slapics

his April, Redcliffe will welcome the Liz Richardson Memorial Panel Van and Car Show to the peninsula thanks to the Sunstate Panel Van Club.

Held at the Redcliffe Showgrounds on Sunday 28 April, the event will be a celebration of all things panel vans and cars, and will bring together panel van and car enthusiasts from across the country.

Sunstate Panel Van Club secretary, June Oppermann, said there had been significant interest from van and car enthusiasts.

"The event is being held in memory of one of our dearly beloved club members, Liz Richardson, who recently passed away from cancer," Ms Oppermann said.

"The day will be a great opportunity for our panel van and car family to come together and to remember Liz in a terrific way."

One of the highlights of the day will be the appearance of Paul Murray's panel van called Ironman. Paul's van is sure to be favourite with the kids as word has it that Ironman himself will be making a special appearance at the show with this van.

"Most of us are just a group of "oldies" reliving their youth by owning a panel van again and living the dream.

"Vanners are a different breed of car enthusiast we are family - always there to help each other out and do what we can to support local community groups and charities," Ms Oppermann said.

"We are particularly keen to invite new enthusiasts into our club and will welcome them on the day."

Ms Oppermann said funds raised from the event would support Breast Care Nurses Australia.



This is very close to our hearts as we lost one of our own from our vanning family.

"Seeing the local community come together where there is a shared passion and interest in panel vans and cars will be fantastic.

"The show caters for all ages, as well as for everyone from novice car enthusiasts to long time vanners."

For more information on the event visit www.sunstatepanelvanclub.com.au

The Liz Richardson Memorial Panel Van and Car Show

Sunday 28 April, 9am-3pm Redcliffe Showgrounds Scarborough Road, Redcliffe



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Redcliffe Showgrounds 6.00am to 11.00am

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REDCLIFFE

Entertainment Centre

THE AUSTRALIAN ARMY **BAND BIG BAND**

The venue's favourite entertainers, The Australian Army Band, return by popular demand with their Big Band performance! Featuring jazz, swing and everything in between, audiences are always astounded with the band's remarkable musical talents.

When: Tuesday, 02 April 2019 | 11:00 AM

Cost: \$17.00*

MENOPAUSE THE MUSICAL®

The original New York and Las Vegas hit Menopause The Musical® returns to Australia in 2019! Four women at a lingerie sale have nothing in common but a black lace bra, memory loss, hot flushes, night sweats, not enough sex, too much sex and more.

When: Friday, 05 April 2019 | 02:00 PM Friday, 05 April 2019 | 07:30 PM Saturday, 06 April 2019 | 02:00 PM Saturday, 06 April 2019 | 07:30 PM Sunday, 07 April 2019 | 02:00 PM Sunday, 07 April 2019 | 06:30 PM Cost: Adults: \$59.90; Concession: \$54.90;

Groups (10+): \$54.90*

THE DAY MY BUM WENT PSYCHO

From award-winning author, Andy Griffiths, comes the world premiere of The Day My Bum Went Psycho, adapted by author Dave Lowe exclusively for Brisbane Arts Theatre.

When: Tuesday, 09 April 2019 | 10:00 AM Cost: Adults: \$28.00; Concession: \$28.00; Child: \$26.00; Groups (10+): \$25.00*

NASHVILLE COUNTRY LEGENDS

Best enjoyed with a down-home country attitude, relive that Nashville country sound! Starring legendary Canadian producer and entertainer Dail Platz as Willie Nelson and Johnny Horton, Joanne Elbers as Loretta Lynn, and Graeme Jensen as Hank Williams. Filling out the band is sensational Laurie Keating and the infamous Dallas Southam.

When: Friday, 12 April 2019 | 07:30 PM

Cost: \$38.00*

INFASECURE PRESENTS THE WIGGLES WIGGLE FUN TOUR

The Wiggles are coming to perform for you as part of their Wiggle Fun Tour! This brand-new show will see Emma, Lachy, Anthony and Simon singing and dancing their way around Australia with all their Wiggly Friends.

When: Monday, 15 April 2019 | 10:00 AM Monday, 15 April 2019 | 12:30 PM Monday, 15 April 2019 | 03:00 PM Monday, 15 April 2019 | 05:30 PM Cost: Tickets: \$32.50; Groups (10+): \$30.50;

Kids under 12 months free and must sit on lap*

BUBLÉ, BROADWAY & BEYOND

Directly from shows in North America, Europe and Asia; Thomas Armstrong-Robley returns to Redcliffe with his brand new concept Bublé, Broadway & Beyond.

When: Tuesday, 16 April 2019 | 11:00 AM

Cost: \$18.00*

ALICE IN WONDERLAND

Melbourne City Ballet's Michael Pappalardo (artistic director) and Brendan Bradshaw (artistic associate) pay homage to the famous novel by Lewis Carroll, "Alice In Wonderland", with this enchanting ballet complimented by one of Tchaikovsky's most famous scores.

When: Saturday, 27 April 2019 | 07:30 PM

Cost: \$38.00*

*\$2.00 online/phone transaction fee applies

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Story Donna Roberts Photo Ben McShea

n early obsession with Disney movie, Beauty and the Beast, seems an unlikely way for a punk rock band to get their name, but The Gastons maintain that their handsome hunter namesake was always the true hero of the tale.

The Gastons formed in 2015 when Billy Simpson and Adrian Cake began writing songs together. While both had played together before, this time it felt different.

"We decided to take it a bit more seriously and set out to start playing live," Billy said.

"With our first gig booked we were planning to play acoustically and decided to wrangle in a long time friend and fellow Redcliffe musician, Locky [Bovill]."

That first gig was for local charity event, Rockin' 4 the Homeless, which gained them some instant attention.

Arthur Cassin joined the trio on drums and The Gastons' line up was complete.

While they identify with the energy and volume of the punk rock genre, they have very diverse influences.



The musical influences between the four of us are so different and have all attributed to the sound of The Gastons," Adrian said. "Anything from Social Distortion, Rise Against and Blink 182 [to] Locky's favourite, Barbra Streisand."



Since their inception, The Gastons have been lucky to open for some of Australia's best bands as well as the odd international act.

Their proudest achievement to date is their latest single release, 'Vulnerable'.

"Off the back of this release we have been able to headline some of Brisbane's best venues as well as tour to Melbourne in support of this single," said Billy.

The Gastons are looking forward to finishing the recording of their newest tracks, and then they plan to go on tour.

"We have always loved the energy of live music so we have set out to have as much fun as possible on stage," Adrian said.

"This time we will be hitting Sydney along with other major centres down the east coast."

To be the first to hear about The Gastons newest releases, including some local shows in the Brisbane area to be announced soon, you can follow them via Facebook or Instagram.

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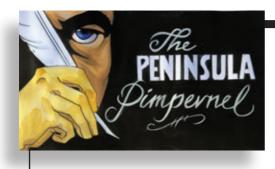
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Shavings from the Past.

Story Richard Lancaster

edcliffe licensed antique dealer and furniture restorer, Meade Murphy, has attended and participated in the sale of the contents of many deceased estates over the years. However, one recent visit to a suburban Mitchelton home turned out to be a unique experience for him.

"I turned up at this old house, with its overgrown garden and paint peeling off the walls. It was obvious that the house had remained unoccupied for several years. So I thought that the pickings would be slim," he said. But what happened next was not only a pleasant surprise for Meade, but it unearthed a chapter of Queensland's creative history that had remained hidden for nearly half a century.

The house had been the residence of the internationally-renowned Queensland furniture maker, Robert Dunlop, and his family. He passed in 2014 aged 89 years, but not before he had designed and created some very unique furniture that ultimately graced the halls and rooms of Canberra's Parliament House and the High Court of Australia. He received an OAM in recognition of his work.

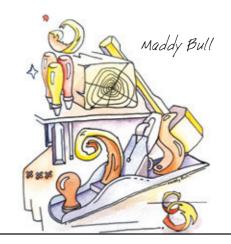
Dunlop collaborated with Danish designer Tom Larsen and together they produced an Australian style range of Studio Line furniture. The Design Institute of Australia recently recognised his achievements by posthumously inducting Dunlop into its Hall of Fame.

Meade Murphy was thrilled at his find, as the contents of the Mitchelton home revealed much of the Dunlop family's furniture that Dunlop had lovingly made. The stunning family dining suite, buffet, cupboards and sideboards crammed full of plans, files and books, uniquely created chairs and tables and cabinetmakers tools. There was even Dunlop's beautifully made easel, on which he would have drawn his brilliant creations. Sadly, most of the furniture was in a grimy, degraded state. Murphy still bought the lot from Dunlop's daughter, Gai. "This furniture represents an important part of Queensland's and Australia's domestic history," he said. Locked in his workshop for the weeks following, Murphy and his uncle, Kerry, worked long and hard to restore the Dunlop furniture collection to its former glory.

Now, pleased with his restoration work, Murphy is donating all of Dunlop's plans and a few smaller pieces to the State Library of Queensland. "I also wish to donate a set of his eight joinery and cabinetmaking books to a promising young apprentice cabinetmaker, who wants to follow in the great man's footsteps. The rest of the collection is for sale," Murphy said.

In 2014, the eulogy delivered at Robert Dunlop's funeral, he was called 'The Chippendale of Australia', a title well earned.

The Robert Dunlop Furniture Collection can be viewed at Murphy's Antiques and Restorations, 15 High St, Kippa-Ring. Phone: 3142 2619.





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Snr Constable Bob McDonald, Assistant Branch Manager, Luke Howarth MP, Federal Member for Petrie, and Sergeant Peter Parkes, Branch Manager with the Redcliffe PCYC gymnastics and trampoline squad.

Redcliffe Youth Recreation and **Support Gets Boost**

Story Kylie Fennell

he recent re-development of the Redcliffe PCYC will open doors for more youth programs and activities that are much needed in the area.

The PCYC at Kippa-Ring underwent a major redevelopment to incorporate a large covered multipurpose sports arena with enclosed access between buildings.

PCYC Redcliffe chairman, Noel Powell, thanked the Federal Government for their support in completing the project.

"The space will provide opportunity for the branch to increase its sport and recreation programs and alleviate some of the waiting lists. It will also provide desperately needed space for the many youth programs conducted at the club." Mr Powell said.

Federal member for Petrie, Luke Howarth, said the upgraded buildings would provide local youth with a fun and safe sporting and recreational environment.

"Young people using these fantastic facilities will be protected from a range of weather conditions and be able to play a variety of sports across all seasons," Mr Howarth said.

The extension will also enable the PCYC to expand its services to include trampolining, judo, boxing, gymnastics and will provide space for other community groups to use.

The Federal Government invested \$450,000 and the Queensland Police Citizens Youth Welfare Association invested \$47,740 in the jointly-funded project.

Expo Shows a New Side to Health and Wellness

If you're looking to learn about health and wellness through a diverse range of practices, then Redcliffe's Health and Wellness Expo is for you.

Being held at the Redcliffe RSL on Saturday 27 April, this expo will offer a wide range of health and wellnessbased products to suit current lifestyles.

New South Wales and Queensland Health and Wellness Expos organiser, Maree Macdonald, said the expo was a chance to showcase a range of health and wellness businesses.

"[This expo] will bring together different businesses that may assist you with your mental, physical, spiritual, financial or pet health," Maree said.

"It's hard to stay up-to-date with society and constant changes, so the sky's the limit [within this expo], and businesses are really getting creative."

Maree said stallholders at Redcliffe expo would be showcasing everything from essential oils to crystals and amethyst counselling.

"We will [also] show you tips and tricks to help you stay healthy and active longer, without the need for pharmaceuticals and expensive therapies," Maree said.

You can find out more information on the free Redcliffe Health and Wellness Expo via Facebook.

Saturday 27 April, 11am-4pm Redcliffe RSL. Irene St. Redcliffe



Looking for quality child care? Ask us about our inclusive programs.



Redcliffe Bites

Story Kelly Livett

QUEENSLAND SPORTS MUSEUM

After over a decade of trying to establish the Queensland Sports Museum on the peninsula, organisers have had to officially call an end to the dream. A lack of funding and not enough community support were cited as the reasons for the decision. This is a sad day for many sports fans in Redcliffe with organisers expressing great sadness at having to make this final decision.

AQUASPLASH REDCLIFFE

The water park, Aquasplash, will remain open until the 28 April 2019. The inflatable water park is located at Pelican Park in Clontarf and has had their trial period extended by the Moreton Bay Regional Council. Initially the attraction was supposed to close in February, but it has become a popular experience for many locals. Tickets are available via www.aquasplash.com.au

REDCLIFFE HOSPITAL

Many people chimed in to a discussion on a peninsula Facebook page with praise for staff and services provided by the Redcliffe

hospital. One group member said the Redcliffe hospital was amazing, "[we are] so lucky to have this on the peninsula". However there was less goodwill about the hospital parking situation with many people complaining about their inability to find a park. Residents in neighbouring streets also expressed frustration at being unable to easily come and go from their own properties because of hospital quests or staff parking on the surrounding streets. There was also general concern that the situation would worsen when work starts on the two storev paid parking structure in the first guarter of 2019, which is estimated to provide 1100 parking spaces upon completion.

CLEAN UP AUSTRALIA DAY

Clean Up Australia Day 2019 was held on 3 March, with community and business groups taking part. Just a few of them included – Andrew Petrie Region Girl Guides at Bill Rogers Park and Frawley Field in Clontarf. The Rotary Club of Redcliffe Sunrise cleaned the Redcliffe Foreshore. Stocklands and the RPS Newport Clean Team held a sausage sizzle and clean up at Newport Waterside. Redcliffe Environmental Forum held a two-hour event and removed six cubic metres of rubbish from Hays Inlet and Ramsar Wetlands in Clontarf.



BRAMBLE BAY BOWLS CLUB ADVISES OF SCAM

An unfortunate incident was announced on the Bramble Bay Bowls Club's Facebook page. A person is wrongfully claiming to be collecting donations and selling raffle tickets in association with the Bowls Club. The Bramble Bay Bowls Club wants to advise you all to be aware of this scam and they ask you to contact the police if you think you may have been visited by this person, or if you were a victim of this fraud. Anyone who is legitimately collecting funds on behalf of the club will have a letter of authority from the Bramble Bay Bowls Club. For more information you can find the post in the photo section of the Bramble Bay Bowls Club Facebook page.

SCHOOL HOLIDAY ACTIVITIES AT THE LIBRARY

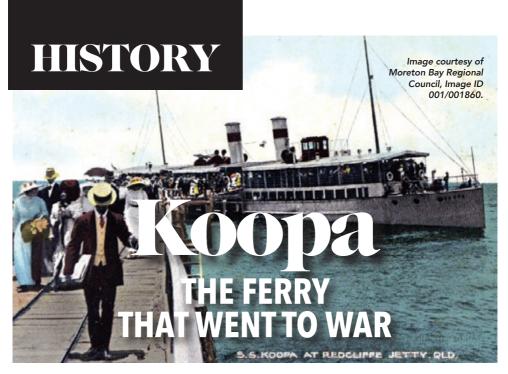
There are plenty of free events on at the Redcliffe Library this month. Some kidorientated events include a Robot Obstacle Course for children in grade two to four on 10 April, Robot Storytime on 11 and 18 April, and a Seaside Puppet Show on 17 April. For teenagers there is a free Screenprint a Tote Bag class on 8 March for grades seven to twelve. For adults, there is a course called An Introduction to Smartphones on 1 April followed by An Introduction to iPads on 5 April.

Would you like to contribute to Redcliffe Bites?

Is there something happening in the Redcliffe area you'd like to share? What are you talking about on social media or at the school gate? Email Kelly to be included in the next Redcliffe Bites at redcliffebites@kellylivett.com







Story John Sayles

he SS Koopa, a much-loved steamship that ferried passengers from Brisbane to Redcliffe and Bribie Island had a remarkable life.

Built in Scotland, 1911, at a cost of £20,000 for the Brisbane Tug and Steamship Company, it was named Koopa, an Aboriginal word for 'flying fish'. The Koopa was known as the 'Queen of Moreton Bay' and was Redcliffe's link to Brisbane, before the bridge was built. She also played a vital role in the development of Bribie Island.

The SS Koopa's inaugural trip was on Christmas Day 1911, when she left the Customs House wharf at 2pm, carrying company members, officials and invited quests to Redcliffe, before returning. The first trip for paying passengers was on Boxing Day of the same year. A large crowd greeted her arrival at the Redcliffe Jetty. Originally the SS Koopa ran from Brisbane to Woody Point, Redcliffe and Bribie Island for a return fare of 2/6.

After WWI, the Koopa was put to more serious use - ferrying thousands of returning soldiers to the quarantine station at Lytton, because of the worldwide outbreak of Spanish influenza in 1919.

In 1942 the vessel was requisitioned for naval service, becoming HMAS Koopa, and was used as a training base for United States Marines, until late 1943. For the remainder of WWII, she became the mother-ship for Fairmile motor launches, operating in the Milne Bay area of New Guinea.

After returning to Brisbane in 1945, the Koopa was given back to the Royal Australian Navy. After a refit she was returned to her owners, the Brisbane Tug and Steamship Company in 1947. She soon resumed her seafaring trips to Redcliffe and Bribie Island on Sundays, Tuesdays, Thursdays and Saturday afternoons, until her final trip in 1953.

The Koopa's extraordinary life came to an end, in 1960, when she was taken to Bulwer Island to be dismantled. Her foremast was later donated to St. Paul's School, Bald Hills for use as a flagpole. It was the end of an era for the happy day trippers who had enjoyed the experience of cruising across Moreton Bay aboard this legendary craft.

Information courtesy of Redcliffe Historical Society (historyredcliffe.com.au).



\$75 Million Redcliffe Hospital Refurbishment Continues



Redcliffe Hospital has been host to tradies for some months now as around \$75 million worth of renovation works and upgrade projects continue on site.

Work commenced in January on the hospital's \$3.97 million improvements to the paediatrics and maternity wards. That project includes a fully refurbished Special Care Nursery.

There are 32 kilometres of new electrical cabling currently being installed across the hospital, as part of a \$6.8 million refurbishment of the hospital's electrical system, powering high-tech clinical equipment well into the future.

The refurbishment projects mean a lot for our community, they mean more jobs and better health services.



Story Philip Woods Photo Supplied

isiting Stradbroke or Moreton Island to camp or unwind is a holiday that many Brisbane locals have enjoyed over the years. But besides these two beauties, our bay also has an array of smaller islands, and many people will be excited to hear that you can island-hop between them!

The Southern Moreton Bay Islands are made up of Macleay Island, Lamb Island, Russell Island and Karragarra Island, and they are all a stone'sthrow from each other off the coast of Redland Bay.

Ian Larkman moved to Russell Island in 2002 to retire, and he's been there ever since. Ian's house is just 300 metres from Stradbroke Island. "I even swam over there once!" lan said.

"It's a different lifestyle here on the islands; it's only half an hour to the mainland so lots of people just come over to relax. Russell Island has really grown over the years, the population increases by around eight percent every year. About thirty percent of the houses here are weekenders." lan said.

"It's not like the Gold Coast; if you just want to chill out and listen to the birds sing then it's a

good spot. There's no noise from traffic, there's no roundabouts or traffic lights, its great."

There are thirty kilometres of walking and bike trails on Russell Island, and you can skip between the other Southern Moreton Bay Islands with ease. Ferries run between Russell, Karragarra, Lamb and Macleav Islands and the mainland. and the fares between the islands are subsidies by the state government.

There are lots of holiday houses to rent on the islands, plus plenty of places to camp. Russell and Macleay Islands have clubs, a tavern and some great cafés to experience.

lan doesn't see himself living anywhere else.

"We're close to everything in Brisbane, and it's a great life really. Island life is really quiet and safe. People come to go fishing or crabbing, or just to explore the birds and wildlife that we have. I watch dolphins from my house, there's dugongs too."

Ferries leave from Redland Bay to all of the Southern Moreton Bay Islands, so why not make a plan to hop onto one for a weekend and explore the beautiful islands in our bay?

For more information check out www.russellisland.com.au



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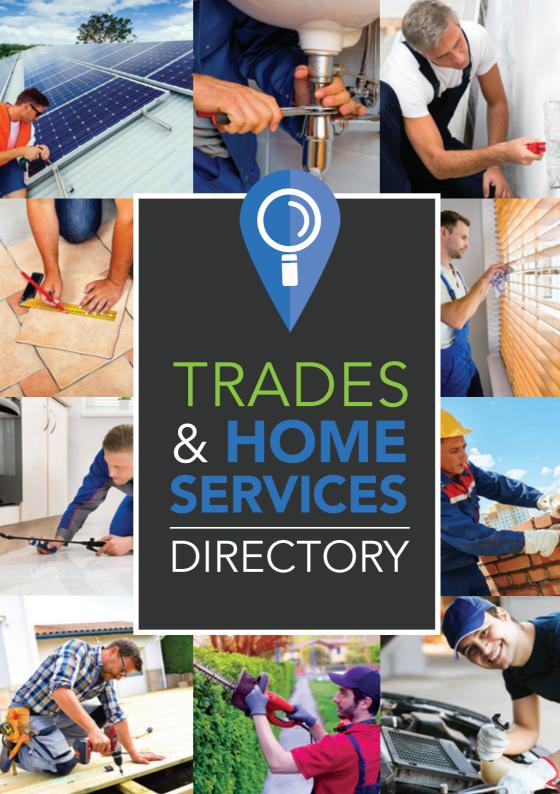
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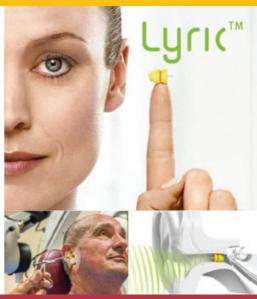
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